

Unit 8 Extra Practice 1

Name:

Vocabulary

1 Match A to B to make sentences.

- | A | B |
|---------------------------|--------------------------------|
| 1. You need strength | a. to win a race. |
| 2. You wear rings | b. on your fingers. |
| 3. A runner needs speed | c. to stand on one foot. |
| 4. Fish haven't got lungs | d. to lift heavy things. |
| 5. You need balance | e. but people have. |

2 Complete the sentences with the words below.

flexibility • bones • coordination • brain • blood • toes • heart

1. Your is a muscle.
2. People have got five on each foot.
3. We use our to think.
4. There are 206 in the human body.
5. We've got about five litres of in our bodies.
6. The most important quality of elastic is
7. You need to throw a ball into a basket.

Grammar

3 Write the adverb form of the adjectives below.

- | | |
|------------------|----------------|
| 1. careful | 5. quiet |
| 2. angry | 6. slow |
| 3. good | 7. hard |
| 4. fast | 8. loud |

4 Complete the sentences below using suitable adverbs from Exercise 3.

1. Please talk The baby is sleeping.
2. I'm sorry, I can't hear you. The band is playing very
3. I ran so I didn't miss the bus.
4. I don't understand French very Please speak
5. She studied for the test and got an excellent mark.

5 Look at the chart of the results of an athletics competition. Complete the sentences with the comparative form of the adverbs in brackets.

	100 metres	High Jump	Long Jump
Tom	16 seconds	1 metre 72	4 metres
Sam	13 seconds	1 metre 60	5 metres
John	19 seconds	1 metre 60	5 metres

- Sam ran (fast) Tom.
- John jumped (far) Sam.
- Tom jumped (high) Sam.
- John jumped (high) Sam.
- Sam did (bad) Tom in the high jump, but
..... (good) Tom in the long jump.

6 Complete the sentences with the adverb form of the adjectives in brackets. Use the comparative form or *as ... as*.

- Ron swam (quick) the other swimmers and he won a medal.
- Paula jumped 2.4 metres and I jumped 2.1 metres. I didn't jump (far) Paula.
- Jake and Adam are the worst players in the football team. They don't play (good) the other players.
- Sally loves vegetables, but Sam doesn't. Sally eats broccoli (happy) Sam.
- Our team has never won a match and your team has also lost all of its matches. Your team plays (terrible) our team!
- Allison studied (hard) her friends for the English test and she got the highest mark, too.